

The Sports Dominator

Bringing you the Lake-Sumter Community College Sports News and Events Since 1997

Player Profile Brian Crangle



Sophomore Brian Crangle transferred to Lake-Sumter after a successful freshman season at North Florida Community College. North Florida dropped their athletics program after the 2008 season forcing Crangle to explore other options.

The University High School graduate will be the starting second baseman for the Lakers this season and will hit in the leadoff spot. According to LSCC head baseball coach Rich Billings, "Brian will be a key player for us this season. As a leadoff hitter we are going to need him to set the tone for the rest of our lineup." Crangle had a very productive fall season which earned him the starting nod at second. Not only was he successful on the field but he was even more successful in the classroom posting a 4.0 GPA during the fall term. "As talented as Brian is as a player he is an even

better student and a quality young man," said Billings. Crangle is not sure yet where he will transfer after this season. He will be an asset to any college that he chooses to attend.

BASEBALL HOME GAMES

Feb.8	Broward	12:00pm
Feb.9	Pasco	3:00pm
Feb.15	U. of Tampa	1:00pm
Feb.18	Indian River	3:00pm
Feb.20	St. Pete	1:00pm
Feb.21	Polk	1:00pm
Feb.22	Dundalk	12:00pm
Feb.25	LakeLand	1:00pm

SOFTBALL HOME GAMES

Feb.17	Manatee	2:00pm
Feb.19	Pasco	2:00pm
Feb.24	Polk	2:00pm
Feb.26	Brevard	2:00pm
Feb.27	South Florida	2:00pm

Player Profile Lauren Harvey



This month we are bringing the softball spotlight to Lauren Harvey. Lauren is a freshman for the Lakers this season. Born and raised in Lake County, Harvey graduated in 2008 from Leesburg High with high goals for her future. Lauren is a Lakers outfielder who has a strong bat. Finishing the fall semester with a 4.0 GPA, Lauren was one of few athletes to make the President's List. Not only does Lauren play softball and is a full-time student, she also volunteers her time at hospitals as she plans to be a nurse after graduation.

"Lauren is a phenomenal all around person. She is the type of kid that every coach wants on their team. We are expecting great things to come out of Lauren these next two years," Golden says.

2008 Fall Semester Academic Awards

Dean's List

Amy Mihok – Volleyball
 Cassie Reschke – Volleyball
 Emily McCall – Volleyball
 Erin DiRobbio – Softball
 Kristin Gaul – Softball
 Caitlin Griffis – Softball
 Katie Huggins – Softball
 Patricia Saldivar – Softball
 Frankie Hall – Baseball
 Ryan Schneider – Baseball

President's List

Lauren Harvey – Softball
 Brazia Keys – Softball
 Brian Crangle – Baseball
 Tyler Scanlon - Baseball

Recipe Chocolate Covered Strawberries

No Valentine's Day dessert is complete without chocolate and strawberries.

Ingredients

- 1-pint fresh strawberries with leaves
- 5 ounces bittersweet chocolate, chopped

How to Make

- In a microwave safe bowl, or in the top of a double boiler over simmering water, melt the chocolate.
- Stir sporadically till the chocolate smoothens out.
- Next, dip each strawberry in chocolate till about three-quarters of the way to the stem.

- Place these strawberries, stem side down, on wire rack and chill in refrigerator until they turn hard.
- Eat chilled and savor the amazing combination of strawberry and chocolate.

Black Russian Cake

Ingredients

Cake

- 1 package dark-chocolate cake mix
- 1-cup vegetable oil
- 1 (3-ounce) package instant chocolate pudding
- 4 eggs
- ¾-cup strong coffee
- ½-cup crème de cacao
- ¼-cup Kahlua

Topping

- 1 cup confectioners' sugar, sifted
- 2 tablespoons strong coffee
- 2 tablespoons Kahlua
- 2 tablespoons crème de cacao

How to Make

- In a large bowl, mix the dark chocolate cake mix, oil, pudding mix, eggs, coffee, crème de cacao, and Kahlua.
- Beat until the consistency smoothens. Pour into a 10-inch greased tube pan until three-fourth of the pan is filled. In case batter remains, make small cup cakes out of them or eat as it is.
- Bake for 45 to 50 minutes at 350o.
- Invert on a serving plate after you remove it from the pan.
- Now, with a skewer or ice pick, punch holes all over the cake.
- Next, ready the topping by mixing the confectioners' sugar, Kahlua, coffee, and crème de cacao.
- Mix until smooth and dollop over the cake.

The Athletics Staff

- Mike Matulia, Athletic Director

- Tammie Glover, Staff Assistant
- Lisa Huntley, Head Volleyball Coach/Intramural Director
- Valerie Morales, Assistant Volleyball Coach
- Kelly Golden, Head Softball Coach/SID
- Cathy Benedict, Assistant Softball Coach
- Rich Billings, Head Baseball Coach/Recruiting Coordinator
- Josh Holt, Assistant Baseball Coach/Head Groundskeeper
- Jake Hart, Head Athletic Trainer

If you would like to advertise a health or sports event, taking place at Lake-Sumter Community College or in the area, please let us know. We do our best to keep up with the events, but your help is appreciated. Contact us at 323-3655 or 323-3645.

